CAP 1

DANCE PERFORMANCE YEAR 1

Task 1 – The contribution of a Jazz Dance Practitioner

Task 2 – self assessment

Task 3 – Target Setting

**Task 1 – Looking into a dance Practitioner**

Choose one of the following Jazz dance practitioners, take some time to consider their contribution and add your findings into your Task 1 Jazz portfolio. You must do some reading, research and include the following points;

* Gene Kelly
* Jack Cole
* What was their role/job title? (dancer, choreographer, director, etc)
* In what area did they work (perform, choreograph, work in TV, theatre, direct, etc)
* What was their style of Jazz?
* Can you discuss the themes of their works and how they use dancers?
* Can you describe the movements and use of dynamics? Explain how you think these show Jazz style?
* Can you add in an image to show features of their style.
* Can you give an example of what music they use and how?
* Where did they train, how did their training impact on their work and style?
* What do you feel they contribute to Jazz Dance? (have they done anything or importance) Why do you think this?
* How do you think the jazz dance genre evolved because of their work?
* Do you admire anything about them, if so why?

**Task 2 – self assessment**

Self-Assessment of my skills in Jazz Dance

(USE THE 2 LISTS BELOW TO ANSWER THE QUESTIONS)

**Application of technical skills;** alignment, posture, core stability, strength, stamina, flexibility, co-ordination, agility, balance, weight placement, whole body participation, elevation, breadth and depth of movement, movement memory and accuracy, spatial awareness.

**Application of interpretative skills;** projection, energy, communication with the audience, focus, dynamic range, use of breath, attack, emphasis, musicality and phrasing, use of facial expression to support the intention or theme of performance, spatial awareness, awareness of floor pattern and formation.

Please write this up in you Jazz Portfolio Task 2. You must reflect on your practice and performance in Jazz Dance Class.

1. What jazz dance features do you perform well?
2. Why do you think you can perform these well (consider the skills above)
3. What jazz dance features do you need to improve perform to show the style?
4. From the list of technical and interpretive skills chose one of each that you feel you need to develop to become a stronger jazz dancer and explain why you feel this.

**Task 3 – Target Setting**

Please write this up in you Jazz Portfolio Task 3. You must reflect on your practice and performance in Jazz Dance Class.

1. Identify a specific jazz movement you need to improve
2. Explain why you feel you need to improve this in relation to Jazz Dance, this can be to develop a skill or specific movement, or repertoire/choreography you are learning.
3. Describe the exercises you are practicing to improve and how often.
4. Give an example of how you are improving – can you execute a movement clearly.