**DANCE INDUCTION TASK**

**Activity 1**
Create a solo (60-80 SECONDS MAX) of you performing a short dance you have created in response to one of the following sources:
- music
-poetry
- visual image
- environment
Your dance can be in a style of your choice.
You will perform this to the class – the second week of college and it will be recorded. This task will contribute to the Unit Developing Skills and Techniques for performance.

**Activity 2**
Explain your ideas and response to the source by providing a typed document (approx. 150 words). You will share your ideas to the class.
Eg;
-what style is your dance in?
-why did you choose this style?
-what do the movements mean, do they represent words or rhythms, lines, shapes.
-How did you decide on those movements?
-Are there any significant parts in the dance?
-how did you put the dance together?
-did anyone/thing inspire you?
-How did you develop the material, have you changed the direction, repeated parts, selected parts, changed the speed, added movements in?
-why did you choose the source you have, does the music, poem, image or place mean something to you?

**Activity 3**

List the skills and qualities you think are required to be a successful dancer.

For example, flexibility, discipline, musicality, etc

Reading ideas:

<https://www.amazon.co.uk/Careers-Dance-Practical-Strategic-Guidance/dp/1492592722>

<https://www.amazon.co.uk/Being-Dancer-Advice-Dancers-Choreographers/dp/1848424620>

[https://www.amazon.co.uk/dp/B0C5RT5HSC/ref=sspa\_dk\_detail\_0?psc=1&pd\_rd\_i=B0C5RT5HSC&pd\_rd\_w=t9Wna&content-id=amzn1.sym.84ea1bf1-65a8-4363-b8f5-f0df58cbb686&pf\_rd\_p=84ea1bf1-65a8-4363-b8f5-f0df58cbb686&pf\_rd\_r=F0CWEEW4FS5ARMKRVZHJ&pd\_rd\_wg=TdEMv&pd\_rd\_r=1bb6f888-71db-431d-9452-cf083abfae78&sp\_csd=d2lkZ2V0TmFtZT1zcF9kZXRhaWw](https://www.amazon.co.uk/dp/B0C5RT5HSC/ref%3Dsspa_dk_detail_0?psc=1&pd_rd_i=B0C5RT5HSC&pd_rd_w=t9Wna&content-id=amzn1.sym.84ea1bf1-65a8-4363-b8f5-f0df58cbb686&pf_rd_p=84ea1bf1-65a8-4363-b8f5-f0df58cbb686&pf_rd_r=F0CWEEW4FS5ARMKRVZHJ&pd_rd_wg=TdEMv&pd_rd_r=1bb6f888-71db-431d-9452-cf083abfae78&sp_csd=d2lkZ2V0TmFtZT1zcF9kZXRhaWw)

<https://www.routledge.com/Dance-Appreciation/Clark-Pecina/p/book/9780367184032?utm_source=cjaffiliates&utm_medium=affiliates&cjevent=f6ee7d89222111ee81e8ea150a18b8fc>

<https://www.whsmith.co.uk/products/choreography-creating-and-developing-dance-for-performance/kate-flatt/paperback/9781785006111.html?gclid=CjwKCAjw5MOlBhBTEiwAAJ8e1pJCnuBciD-W15RlgFsZQtl2CrdinGGS1gNoA5RlzPP0-N4D89o82xoCrnwQAvD_BwE&gclsrc=aw.ds>

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