



Essential skills for A2 and beyond Empowering Futures











ASHTON SIXTH FORM COLLEGE

Agenda

Understanding the transition Confidence Reframing failure



What do you think the biggest differences will be from A1 to A2? Jnderstanding the transition Confidence Reframing failure

A1

ASHTON SIXTH FORM COLLEGE

School 💋

A2

What do you think the biggest challenges will be?



Understanding the transition Difference between A1 & A2 Impact on your child

The importance of confidence

66

"Our lack of confidence is not the result of difficulty. The difficulty comes from our lack of confidence." - Seneca

Techniques to help build their confidence and self esteem

Encourage self expression **Celebrate Achievements** Promote a strong mindset Constructive feedback Model confidence Heart and soul

Value their Opinions

Provide Opportunities for Decision-Making

Recognise Success



Encourage them to create a success journal

Emphasise learning over perfection

Positive language



Feedback

Self-reflection

Role model

Heart & soul



Why resilience matter



Emotional Wellbeing

Individuals with high emotional well-being are better equipped to navigate workplace challenges. They bounce back from setbacks, adapt to change, and maintain their focus



Advice from Current A2s

66

Advice from Current A2s

66

"It's scary as this is the end of your college time, you have to actually take responsibility from now on"

Advice from Current A2s

66
"Stay Organised"

"Use the summer wisely!"

"You have more responsibility and have to think about your choices"

Advice from Current A2s

66 "Do your research for university early" "Content is harder and you have to remember stuff from A1"

"You have more responsibility and have to think about your choices"

Advice from Current A2s

66

"Be aware of when apprenticeships are advertised"

> "Stay on top of revision"

