

Dance induction Task

DANCE PERFORMANCE

This initial writing task is to assess your research, understanding, written and analysis skills.

Task 1 – Looking into a dance Practitioner

Task 2 – self assessment

Task 1 – Looking into a dance Practitioner

Choose one dance practitioner from the list below:

- Don Campbell Lock
- Sam Solomon aka Boogaloo Sam
- Martha Graham
- Akram Khan
- Bob Fosse
- Jerome Robbins

Hand write approx. 500 words **including all the following points;**

- What is their role/job title? (dancer, choreographer, director, etc)
- What do they do in the dance industry (perform, choreograph, work in TV, theatre, direct, etc)
- Do they work in a particular style?
- Where did they train?
- What do you feel they contribute to Dance? (have they done anything or importance)
- Do you admire anything about them, if so why?

Task 2 – self assessment

Self-Assessment of my skills in Dance

(USE THE 2 LISTS BELOW TO ANSWER QUESTION 3,4,5)

Application of technical skills; alignment, posture, core stability, strength, stamina, flexibility, co-ordination, agility, balance, weight placement, whole body participation, elevation, breadth and depth of movement, movement memory and accuracy, spatial awareness.

Application of interpretative skills; projection, energy, communication with the audience, focus, dynamic range, use of breath, attack, emphasis, musicality and phrasing, use of facial expression to support the intention or theme of performance, spatial awareness, awareness of floor pattern and formation.

1. What is your favourite or strongest dance style to perform?
2. Why is this your favourite or strongest dance style to perform?
3. Would you say you are a stronger technical dancer, or a stronger interpretive dancer, or do you feel have a balance of both (PLEASE DISCUSS AT LEAST 2 OF THE SKILLS LISTED ABOVE)
4. Give an example how you have used at least one technical and one interpretive skill in a dance performance to express the theme/music and style (USE THE 2 LISTS ABOVE)
5. From the list of technical and interpretive skills chose one of each that you feel you need to develop to become a stronger dancer and explain why you feel this. (USE THE 2 LISTS ABOVE)